



Daniel Fast Day Five

1. Read John 20:19-29 – Do you see any of Thomas in your heart? _____

2. Think about when you trust an outcome that you can't see. Describe how you feel with this assurance.

3. What obstacles do you have that keep you from strengthening your faith?

4. What do you need now? Find one or more of God's promises that addresses this need and begin now to meditate on the promises and develop your faith in God.
